

### **Mess-2 Menu (Effective from 03/09/2024)**

| <b>DAY</b>       | <b>Breakfast</b>   | <b>Lunch</b>  | <b>Dinner</b>  |
|------------------|--|---|--|
| <b>Monday</b>    | Poha Jalebi Sev, Chopped Onion, Lemon, Boiled eggs, Sprouts. | Lauki Chana sabji, Plain Roti, Plain Rice, Curd, Arhar dal.       | Cabbage aalu mutter, Plain Roti, Dal Makhani, Plain Rice, Boondi.  |
| <b>Tuesday</b>   | Medu Vada, Coconut Chutney, Sambhar, Chana & Sprouts.        | Bhindi Fry, Arhar Dal fry, Tomato Rice, Chapati, Boondi Raita.    | Mix Veg, Masoor Dal, Jeera Rice, Chapati, Sooji halwa/Custard.     |
| <b>Wednesday</b> | Pav Bhaji, chopped onion, sprouts.                           | Sev Tamatar, Arhar Dal fry, Chapati, Roasted Papad, Rice, Curd.   | Egg masala, Chapati, Plain Rice, Sambhar, Moong Dal Halwa.         |
| <b>Thursday</b>  | Idli Sambhar, Coconut Chutney, Sprouts.                      | Chole Poori, Rasum, Plain Rice, Boondi Raita.                     | Tava veg, Moong Dal Tadka, Plain Rice, Chapati, Paiesum/Sevaiyaan. |
| <b>Friday</b>    | Veg Cutlet, Tomato Sause, Boiled eggs, Sprouts.              | Masoore Dal, Plain Rice, Chapati, Papad, Turai sabji, Curd.       | Chicken dum biryani, Boondi Raita, Sherwa curry, Fryums.           |
| <b>Saturday</b>  | Masala Dosa, Sambhar, Coconut Chutney, sprouts.              | Rajma, Plain Rice, Plain Paratha, Papad, Aalu-Mutter sabji, Curd. | Soya aalu, Chapati, Plain Rice, Arhar Dal Tadka, Ice Cream.        |
| <b>Sunday</b>    | Aalu Paratha, Curd, Green Chutney, Boiled eggs, Sprouts.     | Kadhi Pakoda, Chana masala, Plain Rice, Chapati, Fryums.          | Chicken gravy, Chapati, Veg Dum Biryani, Gulabjamun, Raita.        |

**NOTE: Common Items:**

- In Breakfast: Bread, Amul Butter, Jam, Tea, Milk, Sprouts.
- In Lunch and Dinner: Nillon's pickle (mango/Red Chilly), Salad (Any Two): Onion, Tomato, Beat Root, Cucumber.  
Lemon, Fried Chilly, Curd/Raita.
- Sick Diet, Fasting food are available on demand with valid reasons.
- Bread and Jam won't be available on the day Pav Bhaji will be served.
- Breakfast Timings: 7:30 AM TO 9:30AM Monday to Friday, and 8 AM TO 10 AM on Weekends.
- Lunch Timing: 12:00 PM to 2:30 PM, Monday to Friday and 12:30 PM TO 3:00 PM on Weekends.
- Dinner Timing: 7:30 PM to 9:30 PM.

**FIC**  
**(Central Mess, IITDMJ)**

**Convenor(s)**  
**(Student Mess Committee)**